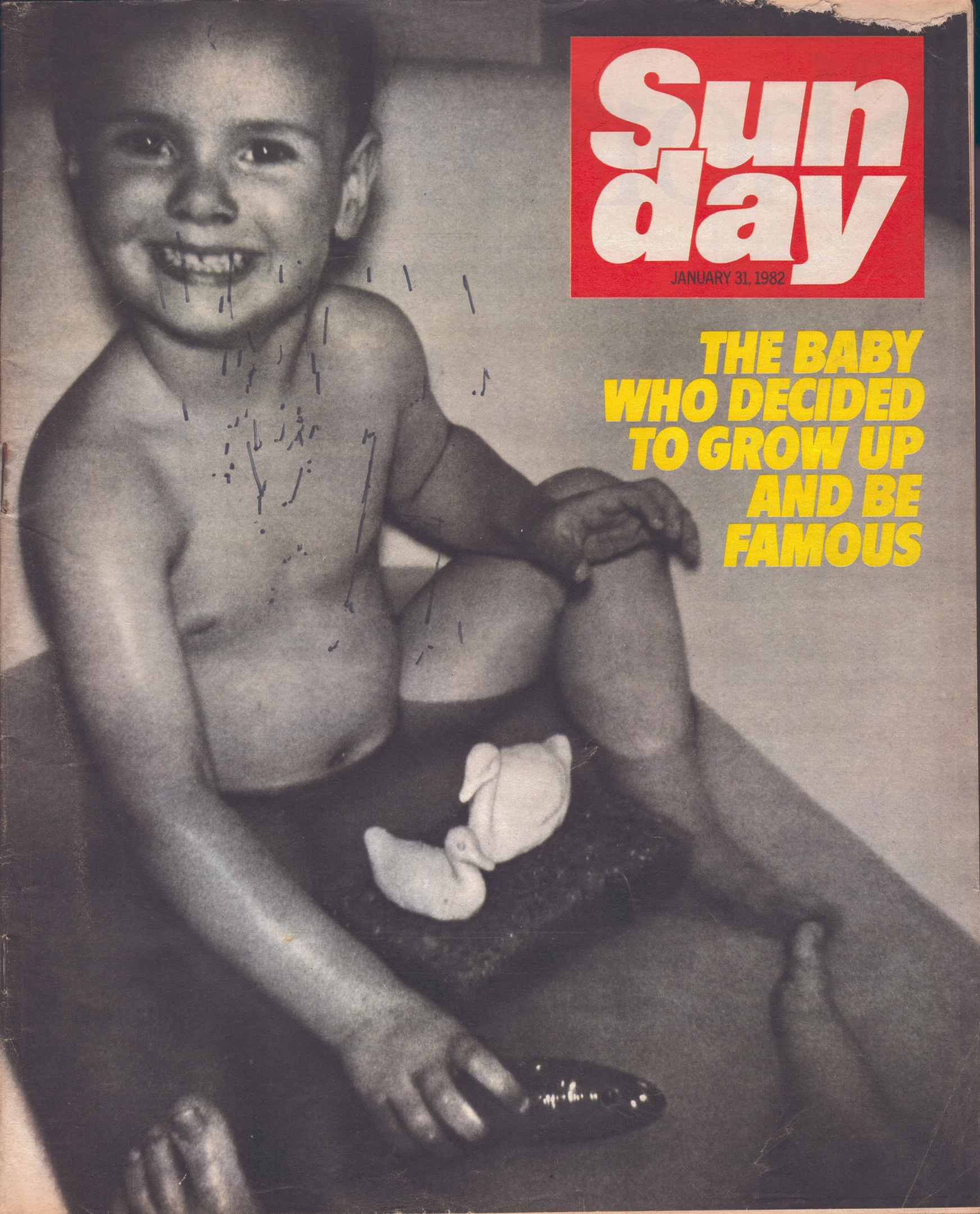




Sunday

JANUARY 31, 1982

**THE BABY
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AND BE
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DANGER: H.M. Government Health Departments' WARNING:

& Sides

John Player Special

John Player Special

JPS74 NOWM

**Sun
day+6**

JANUARY 31, 1982

**The magazine that
starts your week—
published with
the News of the World**

SUNDAY

A New Face For The 80sP
Meet Katrina ... p8

MONDAY

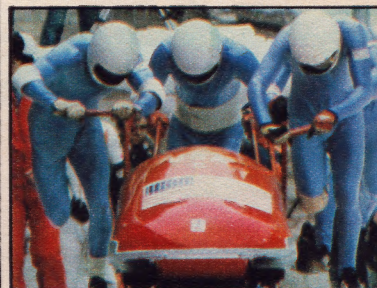
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COVER:
CHILDHOOD PHOTO OF KATRINA

THINK FIRST—MOST DOCTORS DON'T SMOKE

Discover du Maurier. Discover



LOW TA
DANGER: H.M. Government Health Departments' WARNING

Low Tar.

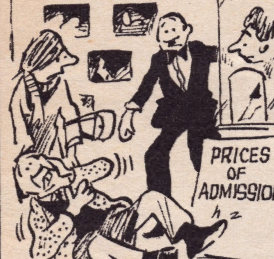


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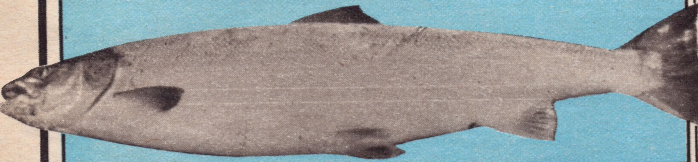
FILM STARS AND FOLLOWERS
will be unwinding in the Philippines today—a special bonus to mark the close of the Manila Film Festival.

GRAVY MAKERS go into battle. Twelve finalists in our November 1 gravy making competition gather today at The English Garden restaurant off London's Sloane Square for their final cook-in. And where better to test out this great British sauce than in a restaurant that specialises in traditional English food? Judges include Malcolm Livingston, proprietor of The English Garden and gourmet (right), Radio 1 DJ Peter Powell, Wendy Godfrey, Senior Home Economist at Sainsbury's, SUNDAY's Editor, and a surprise guest.



'THE MOST TALENTED female double act in Britain today' is how Granada proudly describe Victoria Wood and Julie Waters, who you can see in *Wood and Waters*, ITV tonight. The girls have been together since 1979, when they were in *Talent*, Victoria's highly

SPORTING WAY to catch a salmon is to tempt it with a skillfully cast "fly"—an eye-catching little device made of birds' feathers. Every year, salmon leave the sea and swim up river to their traditional spawning grounds. They never feed in fresh water so it's a mystery why they snap at the "flies". But the puzzle doesn't perturb anglers too much—they'll be waiting on the River Tay when the closed season ends today.



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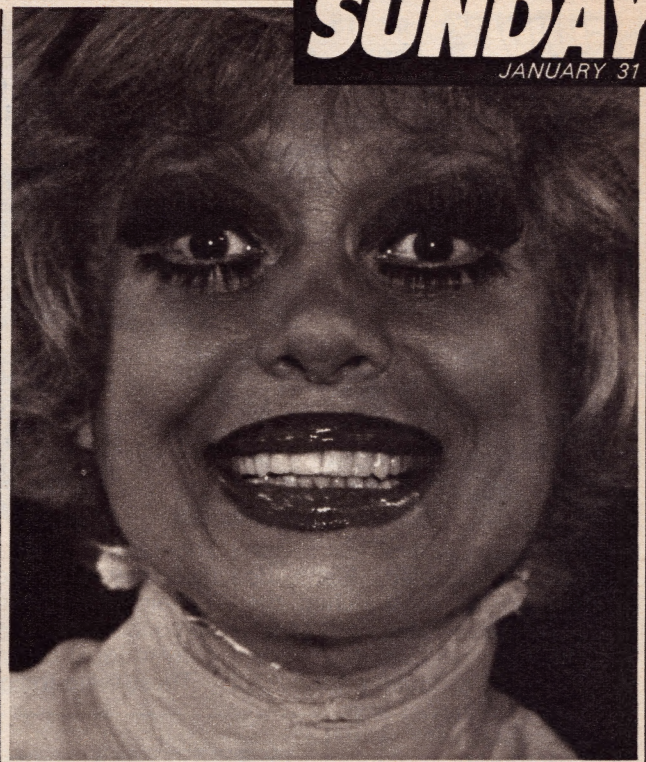
praised TV play. And they're great believers in trying new ventures. Their motto, in the words Victoria once penned for Julie: "Don't let your marriage go stale—change the bags in the Hoover of life!"

★★ LUCKY STAR ★★

AQUARIUS: Neighbours are helpful but not interfering.



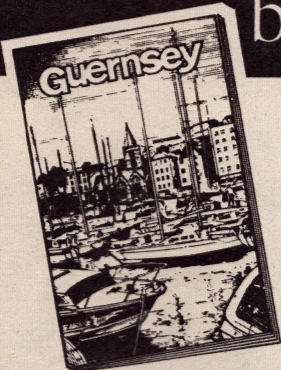
A FROTHY, FRUITY DESSERT was probably the last thing legendary ballerina Anna Pavlova thought of as she sank with infinite grace to the floor in layers of floaty fabric during her performance in Swan Lake when on tour in Australia. Such was the impact of her dancing that the Australians whipped up a special recipe in her honour. Born 100 years ago today, she's left us with tales of her talent, as well as the Pavlova—a "basket" of soft meringue with fruit and cream.



CAROL CHANNING is just as vivacious and funny at 61 (it's her birthday today) as she was when she first set foot on the New York stage 41 Januarys ago. More than 1,000 starring performances in the hit musical *Hello, Dolly!* (which ended in 1979) haven't dulled her quick wits. It's these bubbling qualities and her fund of funny stories which have made her one of the most sought-after TV chat show guests in the world.

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SUNDAY For 15 years star-maker Justin de Villeneuve, who changed the shape of Sixties' fashion with the leggy, mini-skirted Twiggy, has been searching for a new star to put into orbit. Today he is standing by to launch a powerful new talent he is convinced will shatter the Eighties

IS THIS THE FACE OF '82?

"I've waited years for a girl like this," bubbled Justin de Villeneuve, as he watched the make-up artist and hair stylist get to work on Katrina Phillips.

Justin is grooming this 20-year-old unknown from Manchester for pop superstardom. And he's convinced he is on to a winner.

Katrina, he insists, will be as much of a name to conjure with in the Eighties as Twiggy was back in the Sixties.

It is a bold prediction, but one on which he is staking his reputation as a star-maker—a reputation that has faded a little in the years since he first established it by taking a gauche and gawky teenager called Lesley Hornby, rechristening her Twiggy and turning her into the world's most famous fashion model.

On the face of it, there are few similarities between his first protégé and his latest one.

Katrina is a very self-assured brunette—rather than a scatty blonde—and a determined new wave singer and songwriter whose immediate reaction when told that Justin de Villeneuve was interested in managing her career was to snap: "I do *not* want to be a model."

She is as busty as Twiggy was flat-chested.

And she is as aggressively northern in accent and attitude as Twigs was unashamedly Cockney.

"Justin warned me I would have to live with being compared to Twiggy, but I don't see myself in any way similar," says Katrina. "After all, she was a giggly Cockney type of person and I'm a serious Lancashire lass!"

There are, however, certain things that they do have in common—their strong and colourful personalities and startlingly unconventional sex appeal.

These were the qualities which

His search for the right person ended a few months ago when publishers Heath Levy played him a demo tape Katrina had sent them in response to an advert in the pop paper *Melody Maker*.

"I thought straight away that she had a wonderful voice," says Justin. "It is strong and pure, like Mama Cass—only she's definitely a 1982 sound."

"It was also obvious that she could write marvellous, commercial, new wave songs. Then they showed me the photo she had sent and I thought she looked absolutely fantastic."

"There was only one more thing I needed to know—and that was how tall she was. That may sound a bit odd, but as far as I was concerned it was a vitally important factor."

"She had to be reasonably tall to carry off the kind of look I had in mind for her. If she had turned out to be only five foot, I wouldn't have

bothered to take it any further. It never could have worked."

"I got someone to phone her on the spot and ask her. My heart was in my mouth until the answer came back—5ft 7in. Perfect. I knew then that I could create the kind of image that was gonna kill 'em!"

Image, he says, is everything. "Katrina has to look extraordinary—and that's very hard in this day and age when there are already some very extraordinary girls about."

"At the same time she mustn't be too way out or the Americans won't go for it and the American market is very important. Toyah, for instance, has a fabulous look—but it's too extreme



Katrina at 12: "I always knew I'd be a star"

immediately struck Justin when he met Katrina for the first time, having already been impressed by her musical talents.

After splitting with Twiggy he turned his back on the fashion scene and took his promotional and managerial flair to the music business, helping to shape the careers of such people as Lynsey de Paul and Clifford T. Ward.

But these were established names before he took them over. His dream all along has been to find a raw, new talent that he could turn from a nobody into a star—conquering the pop world in the same breath-taking way that he had taken the modelling business by storm with Twiggy.



BRIAN ARIS
PHOTOGRAPHER

"Katrina is a natural performer who has a clear idea of how she wants to look. She is unusual-looking in a way that is both eye-catchingly attractive and interesting to photograph"

in style for the American market. "Sheena Easton, on the other hand, is great for the States but I feel that I need something a bit stronger for over here. So I aimed for something in between—something that will also have every kid wanting to look like Katrina.

"In the Sixties I was nearly lynched for creating a generation of skinny kids through Twiggy. People even accused me of being responsible for their daughters suffering from the slimming disease anorexia nervosa. That was an unkind accusation—nobody would want to do that. But there's no doubt I created an image that everybody wanted to copy.

"I want to do the same thing with Katrina."

And Justin de Villeneuve doesn't scrimp when he knows what he wants. London's number one hair stylist, Leonard, top photographer, Brian Aris and make-up expert, Sue Mann, were among the high-powered friends whom Justin called in to help him get the look just



REX FEATURES

that I know everybody and I can always get the very best people for my client."

His team of experts spent hours experimenting before they arrived at a look that pleased everybody—including the not undiscerning subject herself.

"Katrina's no dumb little girl who would sit there and allow people—however expert—to indulge themselves with her face," explains Justin. "She has her own ideas about what she wants and she's very strong-willed. In fact, she's just like Twiggy in that way. You couldn't put Twiggy in a horrible old dress and persuade her that she looked good."

Says Katrina: "If I had decided at any stage that I



A stunner, even as a toddler; Katrina with her two brothers

right. Even renowned artist Peter Blake—whose pictures can fetch £45,000 and who designed the sleeve of the Beatles' *Sergeant Pepper* album—contributed advice on colour concepts.

Leonard told how Katrina's hair style (pictured overleaf) evolved: "I was puzzling over what hair style to go for when I suddenly remembered the wig I had had made for the wrestler Giant Haystacks for the film *Flash Gordon* that had never been used in the end. Justin wasn't sure when I told him—especially as it had been made for a man 6ft 11in tall weighing 40 stone. But as soon as he saw it he agreed it was perfect. Then, when I sleeked back Katrina's hair ready to put the wig on, we suddenly realised we had a second great look!" Justin grins: "Part of my talent as a manager is

Colourful personality and startlingly unconventional sex appeal are the only similarities between Twiggy (above with Justin de Villeneuve) and his latest protégé. These, plus considerable musical ability, were instantly spotted by Justin on first meeting Katrina. She ended his search for a new talent. And he set to work with London's image-makers...



really didn't like what was being done I would have been up and off and I'd have told them to get knotted.

"The music is what matters to me more than anything else—but I realise that image is also important. There were times when I looked in the mirror and wondered what they were turning me into, but I was stunned by the final result. Being a bit of an egotist, I thought: 'Wow—I'm even better than I thought.'"

Since childhood, Katrina has never doubted that she would one day be a star. "I told my dad when I was 12: 'When I grow up I'm going to be famous I don't think that—I know it!' It was something I felt.

"I wasn't quite sure what I was going to be famous for, mind you. At first I thought I would probably be an actress. It wasn't until 18 months ago that I got interested in music through a boyfriend."

In the meantime Katrina somehow managed to get a job teaching salesmen how to sell

SUE MANN

MAKE-UP EXPERT

"We wanted a look that was glamorous and attractive rather than weird and way out. Katrina has a good face to work with because of her great bone structure. I felt her eyes should be very strong"

double-glazing door-to-door. "That's another story," she grins.

"I didn't really have much idea how I was going to go about becoming a star—I was sure someone, somewhere, would take me in hand. And last June, I saw a fortune teller in Blackpool, who told me that I was going to be a big star and that I would have a contract before the end of the year. I thought to myself: 'She surely can't make up things like that for anyone who goes to see her.' And sure enough, I signed with Heath Levy music publishers in the following September. And then Justin came along.

"It still hasn't sunk in, really, what's happening to little me."

Justins sees Katrina as his great chance

LEONARD

HAIR STYLIST

"With the two styles I was aiming for a contrast between a stark and an over-the-top look. I love the wig because it makes people look twice—even in a day of outrageous hair styles"

to restore himself to the glories of his partnership with Twiggy.

He has never been tempted to try and repeat that success with another model—not even when he was feeling the pinch financially and the agencies were offering him deals most people would find hard to refuse if he would just go out and discover another Twiggy.

"I could have made a lot of money, I suppose," he muses.

"But my heart wouldn't have been in it. And, to be honest, I don't think it could be done the same way again now. Going out and promoting a model—it's all happened before and the whole thing has become corny. Now, it has to be taken a step further."

Justin had already started breaking new ground with Twiggy when they split up after she had made a successful acting debut in *The Boyfriend*.

"I very much regret that I was never able to follow through with Twigs. I'm convinced that if we had stayed together, she would be a major, major artist today.

"I can't really comment on her career as it is now—but I do think that she and I threw it away. *The Boyfriend* could have been the start of something really big." He adds: "I've always dreaded coming back with somebody new because Twiggy is a hard act to follow. But I'm totally committed to Katrina, because she has excited me and I know she can be a giant. She can be another household name."

Katrina herself is inclined to agree—in a cheeky rather than conceited way. And she refuses to be over-awed by Justin. "He's smashing and I know that nobody could do for me what he can do in terms of management. But the way I see it—it's just as much of a chance for him as it is for me.

"I'm 20 years old, so you could say I have been out of the public eye for 20 years. But Justin hasn't been in the public eye for 15 years. We can help each other put that right."

Michael Cable

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The Caribbean will be a valuable long term asset for your home and the envy of your friends.

As if all this wasn't enough, the Caribbean also has the revolutionary and exclusive Dolphin shower with the 'built-in-brain' that can shower you for about 1½p—giving at least six showers for the cost of heating one bath.

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LISA MARIE PRESLEY is 14 today. And 10 years before she was born, English teenagers were arguing over the merits of Elvis and Cliff Richard. Cliff never made the earth shake, but he is a rich man now. Tonight he appears at Blazers Club, Windsor. Elvis rocked the world and earned a fortune. But he wasted his life away and now only his disputed wealth remains for daughter Lisa.



PHOTOGRAPHY AT WORK show, Harrogate Exhibition Centre.

★★ **LUCKY STAR** ★★

VIRGO: Two unexpected and delightful strokes of luck.



"WE'LL HAVE A GO AT ANYBODY," says Mel Smith. "Nobody is too big or important for us not to. And the BBC have never censored us—except when lawyers have said we'd get sued." And the team of *Not the Nine O'Clock News* promise even more irreverence in the new series that starts tonight on BBC1. When Rowan Atkinson, Mel Smith, Pamela Stephenson and Griff Rhys Jones first hit our screens two years ago many people were shocked, but now the fun team is an established favourite.

HAIR-RAISING NEWS.

A good squirt of Michaeljohn Mousse will condition hair and make it look thicker. After a lifetime of thin, limp hair, one tester now feels like Sophia Loren. And you can see how the girl in the pictures changed. The mousse is available at Harrods or by post from Michaeljohn, 23a Albermarle Street, London W1X 3HA. A can, up to 30 applications, costs £5.25 (including p & p). For stylish inspiration, visit the World Hairdressing Congress at the Albert Hall, today.



DOES THE POST OFFICE REALLY DELIVER?

MONDAY As the cost of sending a letter continues to soar—up by more than 400% over the past 10 years to 15½p for first class and 12½p for second class from today—there is a distinct possibility that by the end of the century you'll be kissing a pound note goodbye every time you lick a postage stamp. Yet the standard of service isn't keeping pace, as SUNDAY Magazine shows with a detailed examination of what happens when you pop an envelope in the post box

Is someone somewhere waiting for a letter from you? None of us write letters like we used to. Part of the reason is we use the telephone instead. But another cause is the cost of posting a letter.

Ten years ago, a first-class stamp cost 3p. From today it will cost 15½p. In the box below we chart the year-on-year-price rises compared with inflation and efficiency.

But though prices have risen, the standard of service hasn't. Evening and night collections have been slashed; rural areas have lost collections and deliveries and Sunday services are just a fond memory.

In the halcyon days before the First World War, you could post a letter in the morning and have a reply the same day in London, where every weekday there were 10 collections and 6 deliveries of mail.

For all today's technology, such a service is just a dream



SUNDAY Magazine staged a nationwide survey of Britain's postal services, with a selection of readers forming a network throughout Britain. Over a 3-week period, members of the panel recorded the time taken to receive letters posted in London and noted the time of sending back their replies. They monitored letters exchanged between themselves.

The three main findings were:

1. Postal traffic was persistently slow on 10 of the 50 routes used (see map).
2. Cross-country letters generally arrived later than London letters, as often as 20% of the time.
3. Of all late letters, 70% were first class and 30% were second class

for the ordinary user of the post box.

Last autumn, The National Consumer Council published a report showing that the main complaints about the postal service were: the cost; letters arriving late; too few collections and deliveries; and too little difference between first- and second-class service.

The Post Office claim that its services have improved greatly since 1979, the year the Consumer Council survey was carried out. And that the latest price rise is below the current rate of inflation.

But since 1970, the Post Office has not performed impressively in the area of productivity.

Between 1970 and 1979 productivity nationally increased by 13% while the Post Office's productivity actually fell by 15%. And the Post Office price increases have outstripped the rate of inflation measured by the Retail Price Index which monitors the price rises of goods in the shops (see the chart).

The Post Office also say that it's now much more efficient and productive.

The Post Office is promising that, Sundays excepted, it will deliver 90% of first-class letters on the day after collection and 96% of second-class mail within three working days of collection.

And that it will try to continue to keep price increases below the level of inflation.

SUNDAY's survey (which purposely monitored postings to ordinary household addresses rather than block business postings; Ulster was excluded because of industrial action) and latest figures show it's keeping its word, more or less. Overall, only 5% of the letters in our survey arrived late. But that's no comfort for people whose post is persistently late.

With the new-style management and reorganisation that followed the hiving-off of the telephone business, the situa-

UPS AND DOWNS OF POSTING A LETTER

	1972	1973	1974	1975	1976	1977	1978	1979	1980	1981	1982
First class post late	*8%	9%	12%	11%	8%	8%	10%	16%	22%	14%	—
Second class post late	8%	13%	15%	16%	3%	4%	6%	12%	18%	8%	—
Price of first class stamp	3p	3½p	4½p	**7/8½p	9p	9p	9p	10p	12p	14p	15½p
Percentage increase over 1972	N/A	17%	50%	133/183%	200%	200%	200%	233%	300%	367%	416%
Price of second class stamp	2½p	3p	3½p	5½/6½p	7p	7p	7p	8p	10p	11½p	12½p
Percentage increase over 1972	N/A	20%	40%	120/160%	180%	180%	180%	220%	300%	360%	400%
Percentage increase in retail price index over 1972	N/A	8%	20%	47%	78%	108%	127%	147%	190%	230%	***266%

*Percentages are rounded up to the nearest whole number **There were 2 price increases in 1975 ***Assuming 12% increase (as previous year)

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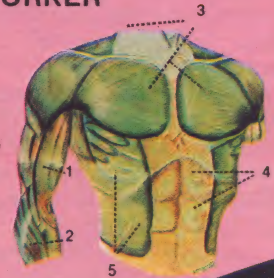
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- 1 Front upper arm – transforms them into pillars of strength.
- 2 Forearms – become tough, solid and sinewy.
- 3 Chest – becomes powerful, manly, ensures deeper breathing.
- 4 Front Stomach – becomes a taut wall of muscle, by following the exercises.
- 5 Side Stomach – form a narrow waist by exercising.
- 6 Front Thighs – become thicker, well shaped athletic looking.
- 7 Calves – become normal, well formed and firm.



SEE THE RESULTS YOU CAN EXPECT FROM YOUR AGE GROUP

Providing you are basically healthy the percentage of your present total performance could be increased as follows:

AGE	
16.....	up to 100%
18.....	130%
20.....	150%
25.....	200%
30.....	200%
35.....	180%
40.....	150%
45.....	130%
50.....	100%
60.....	70%
70.....	50%

Persons with a weak heart or physical disability should always consult their doctor before undertaking any form of exercise.

Your back and shoulders, broad and strong. Watch as day by day your thighs grow thicker, your handshake manly.

WHY IS THE BULLWORKER METHOD SO FAST!

Bullworker is the world's best-selling body-builder, because it works for men of all builds giving them their FINEST possible physique in the FASTEST possible time – all without strain! The exercises take only 7 seconds each and work on the principal of isometric/isotonic contraction. (This revolutionary method makes any additional effort a waste of time.) Even the full programme takes only 5 minutes a day! That's incredible! Using the amazing principles of Isometric/Isotonic contraction, Bullworker can produce RESULTS THREE TIMES FASTER than conventional methods of exercise. Thousands of men all over the world have written to testify to the amazing results they have achieved with Bullworker.

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B ☐ Please send my Bullworker with the Super Offer Sports Bag and charge £26.95 + £1.45 p&p to my Access / American Express / Barclaycard / Diners Club / Trustcard

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WHICH SERVICE?

If you have something important, urgent or valuable to send through the post, there are alternatives to the first- and second-class system

RECORDED DELIVERY is what you should use if you need proof that you posted something which is not in itself valuable—documents, for instance. The Post Office can make goodwill payments up to £18. Cost: 18p

COMPENSATION FEE PARCEL SERVICE is useful for presents and other items you want insured against loss or damage. The service provides proof of posting and compensation from £50 to £300. Cost: 25 to 35p

REGISTERED MAIL gives you evidence of posting and of delivery and provides compensation from £50 to £1500. It is useful for sending money and valuables. Cost: £1 to £1.10

SPECIAL DELIVERY assures you that your post will be delivered the day after it is collected, since if the item arrives too late for normal deliveries, a postman will make a special journey to deliver it. Cost: 1st class postage + £1.50

tion could well improve significantly.

The difference between the first- and second-class post is now 3p, the same as the price of the first-class stamp in 1972. Is it worth it?

Second-class mail is less likely to be late, as SUNDAY's survey shows. So, unless you are in a hurry, it's a good idea to use it. And for every 10 letters you send, you save 30p.

Is it cheaper to use the telephone? If you are making a local call—and don't want to chat for hours—it will work out cheaper than posting a letter.

The price of a first-class stamp buys you 4 minutes in the morning and 24 minutes after 6pm locally. But it will only buy

you half a minute in the morning and 2 minutes after 6pm over 35 miles.

There are, however, some occasions when a telephone call just will not do. A lot of business communications depend on the written word. That's why businessmen are so much more vociferous about the standards of the postal services.

If you want to pay bills by post, it is wise to use a service that gives you proof of posting (see our chart above).

Inevitably special services are more expensive. Why does the Post Office keep putting up its prices and where does all the money go?

The answer is simple. The

Post Office has to make a profit. The Government asks for a 2% return on turnover—which is £150 million a year.

One penny of the cost of every first-class stamp covers administration costs, nearly 13p goes on labour costs.

One other area where the Post Office spends money—though only a tiny fraction of its huge income—is the dead letter branch.

We post 35 million letters every weekday. Some of them are unreadable, some have the wrong addresses, and some are a mystery. What would you do with a letter addressed simply "Arijaba" or a postcard destined for "Fred and Doris".

The Post Office is a master of

detection. Arijaba turned out to be Harwich Harbour and Fred and Doris got their greetings from Jersey because the first sorter noticed that the writing on the postcard was the same as on several others in the batch. So he sent it to the same town where, circulating from branch to branch, it finally fell into the hands of a postal worker who recognised the names.

For some people, the postman is almost their only contact with the outside world. The Post Office knows it has a social role to fulfil. And it provides services where other companies think them uneconomic—like the Post Bus service which provides transport in remote rural areas to people who otherwise have no means of getting to the shops.

And, compared with the postal services operating in other countries, it does seem that the Post Office does a good job of delivering our mail.

In some countries, post is delivered only to the nearest branch. Our Post Office is prepared to deliver to all our 22 million addresses every day except Sunday. **Alison Baines**

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ON TV

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S/DAY 1

TUESDAY

FEBRUARY 2



PSYCHOSEXUAL STUDIES suggest that though most males respond better to women with long hair, the men with total self-confidence often prefer short-haired women. Farrah Fawcett, 36 today, acknowledges the part her golden mane has played in her popular success. And her latest shampoo commercial includes steamy scenes in the shower with American sporting hero Joe Namath.

★★ LUCKY STAR ★★

ARIES: Worries ease as you learn the unsuspected truth at last.



SKATING ON THICK ICE—at least 1½in is the norm for a rink—Jayne Torvill and Chris Dean (centre) do battle at the European Ice Skating Championships beginning today in Lyons. And our other ice dancers—Karen Barber and Nicky Slater (left), Wendy Sessions and Stephen Williams—are expected to do well. Watch—and cheer. BBC TV plan to show highlights of the competition throughout the week.



LAST DAY to see Exhibition of Ventriloquism, Bethnal Green Museum of Childhood, London.

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CONRAD HAFENRICHTER

Left: Cindy a rare and valuable red and white border collie receives friendly encouragement before her trial run. But there was a compelling reason why she couldn't keep her mind on the job. Right: Tom Watson, a Scottish finalist, watches over his borrowed flock



THE DOG WHO WAS A BLACK SHEEP

TUESDAY Tonight six million viewers will be spirited away to the heart of the beautiful Welsh countryside when they tune into BBC2 to watch the highly skilled teamwork of *One Man And His Dog*. Sheepdog trials, like snooker and crown green bowling, have become a TV phenomenon. So Elaine Davenport joined the BBC film unit to investigate this unlikely runaway success and found out why one sheepish sheepdog lost her winning ways

Sheepdog Man took in the glories of Lake Bala in the Welsh valley below, craggy Aran Fawddwy looming in the background, and the shepherds, sheep and border collies gathered on the green hills.

"There's a tremendous nostalgia for country things," he mused, trying to sum up why so many people will be watching *One Man And His Dog* tonight. "I think it gives people the chance to get something wholesome that isn't sex, politics or violence."

Not that Sheepdog Man Phil Drabble—"People now call me that," he says, mystified but proud—ever would have imagined that the programme he presents would catch on. "I thought it was too repetitive," confessed Drabble.

And it is repetitive. Shepherds from England, Wales, Scotland

and Ireland, who have usually already won their own national trials, compete over the same course to test how skilfully man and dog together can fetch, drive, shed (separate) and pen a small flock of sheep.

However, from Preston to Peterborough, *One Man And His Dog* has dedicated followers, and they are not without their opinions. Drabble can well vouch for that:

"You get old ladies in Pimlico writing in saying, 'That dog should *never* have won. He had a bad pen in the last round.' They become instant experts," he laughed.

Phil Drabble and Eric Halsall, the easy-talking Lancastrian, who comments expertly on the trials, spent the third week of September, along with a BBC team of 50 or so filming the series of eight 40-minute pro-



grammes. But not without an untelevisable near-disaster.

Cindy was on heat. "It won't be sheep they'll be chasing today," chortled one of the stage hands, as producer Ian Smith and the shepherds gathered in the caravan for urgent discussions. Cindy, and Irish shepherd Arthur Mawhinney, had reached the semi-final so there was no question of finding a substitute.

In the end, it was decided that Cindy would do her trial first, while the other dogs were locked in their owners' cars. But Cindy just could not keep her mind on the job, and was a hapless black sheep for the day, losing her semi-final.

Cindy was also different from the other dogs in a more permanent way: she is red and white, a colour which is exceptional among border collies, whereas

the others were the normal black and white. Otherwise, she was typical of the border collie, trained to the point of near-cowering servility and possessing her breed's unique skill—"eye", meaning the ability to control a flock of sheep by eye contact alone.

Cindy and other sheepdogs rarely bark while working and can hear and follow commands from their handlers up to a mile away, responding to both shouts and whistles. The piercing whistle comes from a small plastic mouth whistle.

While the signals can also be delivered by arm movements, whistles and the spoken word usually suffice, and farmers often adapt the signals to a particular dog: Welsh for one, say, and English for another.

Here are a few of the more common signals. By whistle:

one long single blast means stop; repeated short, sharp whistles mean the dog should speed up.

By shouts: Lie Down means stop; Come By—the dog must move to its left; Away To Me—the dog must move to its right; Come Here—the dog should position itself in a specific place; Come On—the dog should walk towards the flock; Go back—the dog should walk away from the sheep; Steady—the dog should slow its pace; That'll Do—the job is done and the dog should now return to the shepherd.

The television series has had a great impact on sheepdogs, says Philip Hendry, secretary/treasurer of the International Sheepdog Society in Bedford: "Some farmers, would you believe, have just realised that sheepdogs are useful. There's

been incredible interest lately."

And the price of a top quality dog has shot up to between £1,500 and £2,000. Stud fees which were £10 are now £50-£60. And the prize money in trials has doubled in the last three years.

All told, Ian Smith and his team spend nearly half their working year setting up, filming and editing *One Man And His Dog*. Smith had picked the site near Bala weeks before the filming took place. One good reason why he chose the spot, besides its natural beauty, was that the owner of the land, Robin Price, is the great grandson of the man who organised the world's first sheepdog trials in October 1873, in a field just two miles away. He would be a proud man if he were here today, sharing the sport with six million delighted people! ●



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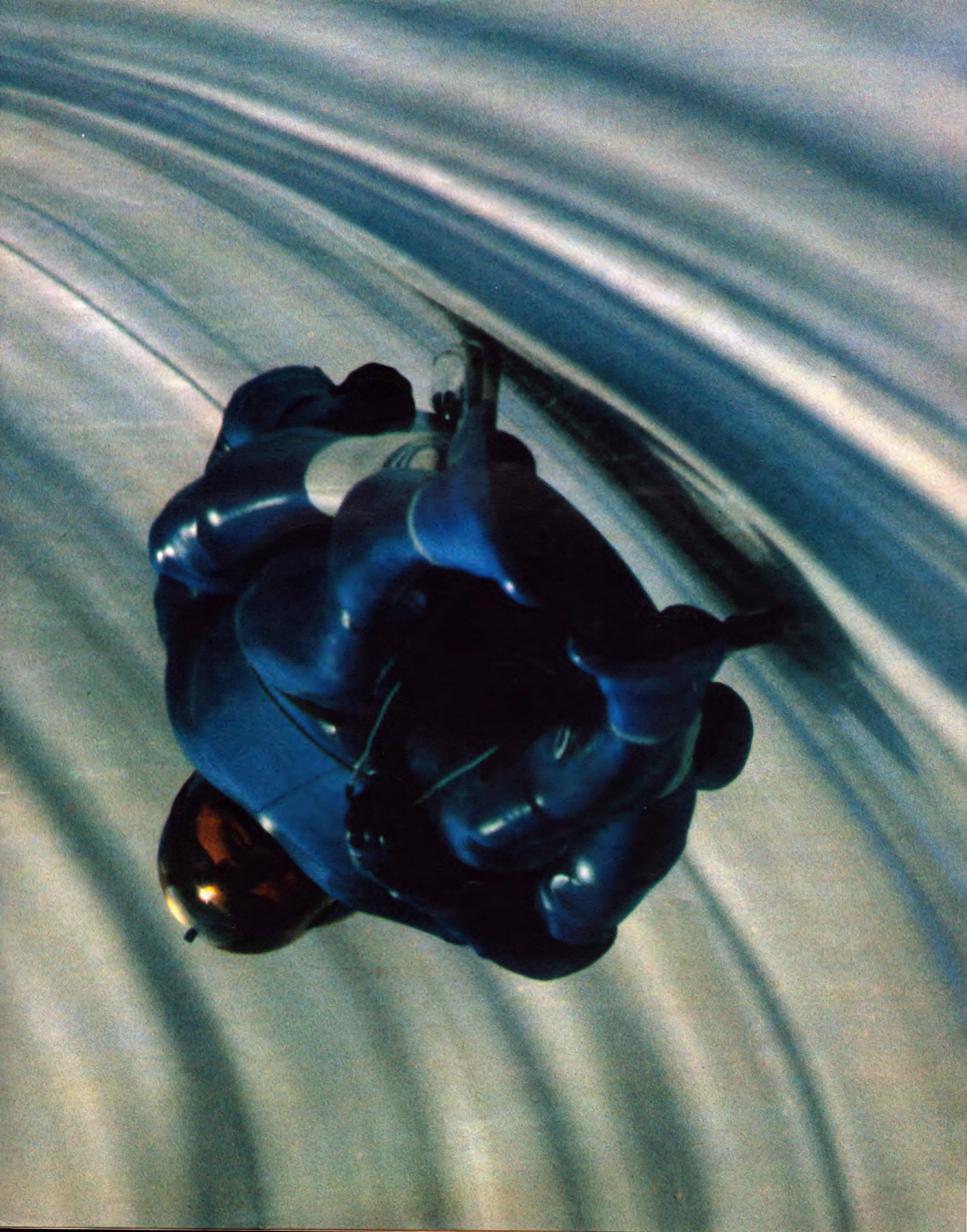
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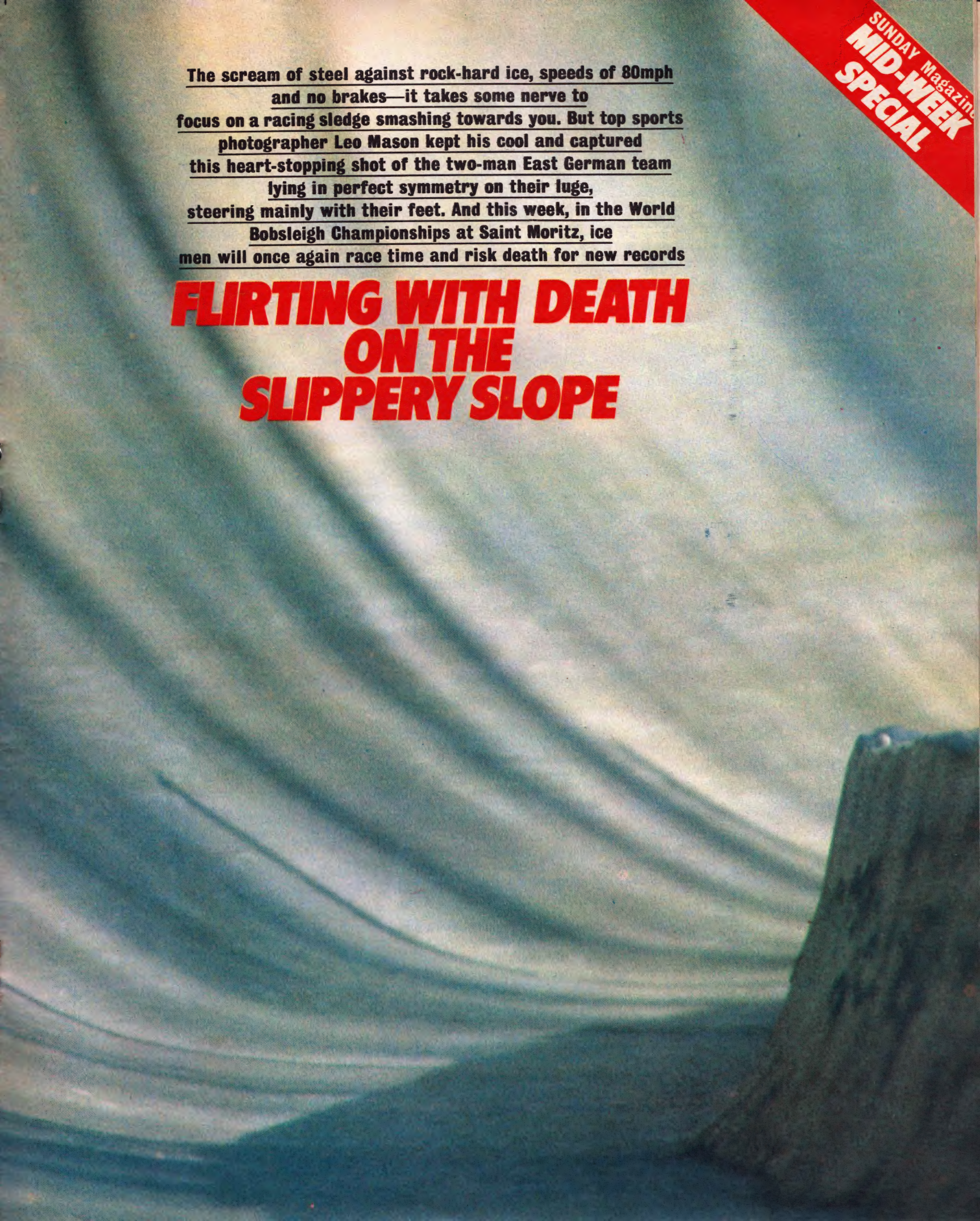
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The scream of steel against rock-hard ice, speeds of 80mph
and no brakes—it takes some nerve to
focus on a racing sledge smashing towards you. But top sports
photographer Leo Mason kept his cool and captured
this heart-stopping shot of the two-man East German team
lying in perfect symmetry on their luge,
steering mainly with their feet. And this week, in the World
Bobsleigh Championships at Saint Moritz, ice
men will once again race time and risk death for new records

FLIRTING WITH DEATH ON THE SLIPPERY SLOPE

SUNDAY Magazine
**MID-WEEK
SPECIAL**



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SD1



RAISE YOUR GLASSES to Doris Speed MBE, 68 today. She's played Annie Walker of the Rovers Return in *Coronation Street* since the first programme in December 1960. As Annie, always anxious to raise the tone of the Rovers she recently introduced a "cocktail hour", which failed to catch on. For better ideas she could go to the Northern Licensed Trade and Catering Exhibition at the Civic Hall, Oldham today. Amongst their recent introductions is a "slush" machine (above) which produces crushed-ice drinks for those too young to step inside Annie's hostelry.



THE ENGLISH NATIONAL OPERA company perform *The Marriage of Figaro* at the London Coliseum tonight.

★ LUCKY STAR ★

SCORPIO: You are lucky in love. Someone will suddenly be on friendly terms again.



FAST-TALKING AMERICAN Jane Walmsley, co-presenter of TV's *Out of Court* (BBC2) which returns tonight, says that the thing she's noticed most about the British legal system is that we still have "one law for the rich and another for the poor." In America, she says, "the legal system is much more competitive. They are allowed to advertise and cut prices, so a person can shop around for help. You can't do that over here."

FAST-TALKERS suffering from throat infections — over 16 million prescriptions were written out for them last year — can head for St Etheldreda's Church, Holborn, London, today. It's the annual Blessing of the Throats ceremony. First performed in Britain over 100 years ago — it originated in Italy — it could be the answer.



GRANADA, ALL-SPORT, KEYSTONE, CARTOON BILL TIDY



LEADING CENTRE-FORWARD Cyril Regis, 23, of West Bromwich Albion has proved his worth in goals since being transferred from non-league Hayes in 1977 for just £5,000. Top man in terms of form and with two hat-tricks to his name already, he's tipped to lead England in the World Cup. He, like fans countrywide, will be keeping a close eye on this month's League Cup matches—first leg tonight.

WEDNESDAY This morning three-quarters of a million anglers will be fishing the rivers and lakes of Britain. Hooks everywhere will be baited to tempt fish to bite, and amongst the tastiest morsels are home-grown maggots. Protected by eight-foot fences, dyed red and yellow, pre-packed and sold on supermarket shelves, they've become a weird and wonderful money-spinner

MILLION DOLLAR MAGGOTS

"The cleanest maggot farm I've ever seen!" declared the West and North Yorkshire Health and Safety Inspector as we crossed the floor of the 30-ft gymnasium-like fly house, hazy with swarming bluebottles. We saw the mounds of fresh fish offal, delivered every day, on which these pedigree specimens sire 440 gallons (2,000 litres) of maggots a day. We toured deep troughs of well-fed grubs and watched them packed into clean sawdust, for their refrigerated journey over to Europe.

Fishing is now the most popular participant sport in Europe—there are four million anglers in Britain alone—and fishermen everywhere know that "British bait is best."

No wonder director Don Savage reverentially runs his pets like gold dust through his fingers. He oversees their export by the lorry load across the Channel to supply an industry that is "hooked" on bait.

Don's prolific empire, at Yorkshire Maggot Farms, is based in a purpose-built building near Doncaster. It is now the largest production unit in the world. Computerised, intensive, efficient. His maggots are the most pampered in the business, wholesaling at £4.50 a gallon.

Over 70 per cent of his output goes to the continent, where it is packaged, marketed and displayed. Over there even women



Anglers: "hooked" on maggots

buy maggots, in pre-packed, clearly-labelled cartons at supermarket Bait Bars. Here they are still sold loose by the pint.

"Their organisation is magnificent; much better than ours," Don claims. But they can't breed quality maggots. That's how he has cornered 90 per cent of the German market.

In the 12 years since Don Savage, his wife Jean and some of the family, backed a hunch that the leisure boom would make fishing big business, they've seen turnover top well over £½ million. They have installed several thousand pounds worth of machinery, vehicles and equipment, opened three plants and become advisors to Warren Springs Laboratories at Stevenage where they research malodours.

"All round the country," alleges Don, "there are cowboys jumping on the bandwagon. They don't get planning permission, they spend nothing on hygiene and they breed inferior maggots on disgusting, rotten offal, dumped anywhere. When the local authorities catch up and close them down, they move elsewhere and start again. Then they sell their produce at knock-down prices. It gives us all a bad name."

As Chairman of the 18-member British Bait Breeders Association, Don is happy to open his doors to all comers. Even the arrival of the Health Inspector is

a day of pride for the Savages.

"The trouble is," says Don sadly, "no one takes us seriously. Yet all we are doing is making good economic use of a natural process, in a controlled hygienic way. It's practical entomology."

Maybe. But his enthusiasm is hard to share!

Yorkshire Maggot Farms is protected from "rustlers" by an eight-foot barbed-wire fence and guard dogs. I went there in winter, out of season, when production and its grisly side-effects were at a low ebb. Past the cold store, built to EEC standards where, at times, 500 tons of animal corpses and feeding material await mincing into maggot feed.

Inside the maggot sheds, the Inspector was busy measuring ammonia levels. "Excellent," he reported.

"The dangers to employees could be enormous," says Don. "They must be protected. I wouldn't work anywhere that is dangerous to my health, so why should they? The secret is to use the very freshest mince so that there is no danger of infection. Our flies are far cleaner than flies in the wild." To be on the safe side he's installed a £26,000 biological scrubbing plant; has the air cleaned and changed six times an hour.

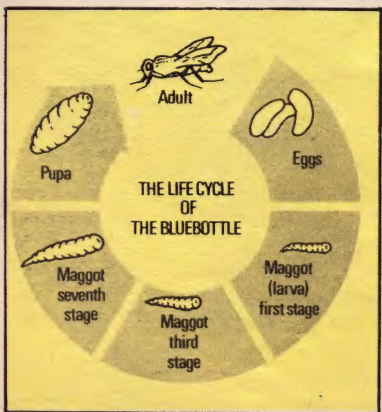
So, to the fly house. Up a 16-ft vertical iron ladder and in to the buzzing 72°F-controlled heat of the vast bluebottle nursery. It is steam-cleaned regularly but, even so, there's a black crust over everything.

Here, 16-year-old Brian Best is in charge. This is Brian's first job and he says it is "fascinating" to watch the uniform-sized insects emerge from their husks. "You're quite glad of a cold in the nose. What does his mum think of the job?" "Not much but it's a job—we all have to change and shower before we go home."

Brian feeds his many charges on sugar, lays out the fish

offal where they lay their "blows" (eggs), sweeps the floor from time to time to remove corpses, and all the while he's hunting for "rogues"—black fly that produce a smaller maggot.

The life cycle of the maggot from the time the eggs leave the fly house to the time they are despatched into the world, is about seven days. First the eggs are hatched in incubating pens with underfloor heating. This takes six hours. In the "wriggling pens" the newly-hatched





Don Savage's maggot farm is living proof that: "Where there's muck there's money!"

maggots are fed on a carefully balanced menu. "I even come in on Christmas Day," says Don.

On the whole, the mix contains more meat than fish as this produces a heavier maggot which will sink in an angler's own "swim" and not float into his neighbour's patch.

In summer, when production is at its greatest, each pen is

inches deep in maggots. The air is filled with the rustle of a million seething bodies. At each stage of growth some are dyed, yellow or red, to attract different kinds of fish. They don't seem to escape from their open-topped pens — small wonder, it's a paradise!

A maggot sheds its skin seven times, at each time it feeds. So the plan is to induce "stripping" and fatten them up fast. When they are in peak condition they are racked from the pens, riddled

through a "winnowing" machine, like corn, to shake off loose debris and poured into containers. In the cold store they are kept in suspended animation — live, but not lively. Then they are driven off in 2,000-gallon refrigerated lorry loads.

The Savage family business is based on a belief that only the best is good enough. Says Don, "You won't get a good maggot if you don't treat him right. After all, even a maggot has standards." **Shirley Harrison**

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MOUNTING INTEREST in holidays at home—often as a second break after sunning yourself on foreign shores—has meant that the wool mills and City Hall (below) of Bradford, a "Murder and Mysteries" tour in Merseyside and outdoor activities in Staffordshire, are now well on the map. The England and Wales Resorts Workshop meet in Birmingham today to promote their towns and cities.



WE'VE LOST one of our loveliest foreign residents. Lee Remick, the cool blonde 46-year-old American actress has returned to the US with her film director husband, Kip Gowans, after 10 years in London. "My departure does not indicate loss of love for the British way of life," she says, "merely the greater work opportunities in America." Be reminded of her on ITV tonight in the 1977 film, *The Medusa Touch*.



HOPING TO BE a runaway success will be *The Marathon Book* by Neil Wilson and Andy Etchells, published by Virgin Books at £2.50 today.

★★ LUCKY STAR ★★

SAGITTARIUS: Luck for you comes with the colour blue, numbers 4 and 8 and anything to do with water.



BUILDING A NEW CAREER and currently supervising the building of a new home is slapstick comedy star, Norman Wisdom, 62 today. Best known for his funnyman roles in films in the 50s and 60s and his Broadway success in *Walking Happy* in 1967, he stunned TV audiences last year with his extraordinarily moving and honest portrayal of a man dying of cancer in the play *Going Gently*. How will he be spending his birthday? "Quietly at home enjoying the peace and tranquility of the Isle of Man," he told us. And what of his future? He still does cabaret shows and has a few irons in the fire, and is also concentrating on straight roles. "It's wonderful to be in the position to be able to pick and choose roles, since the success of *Going Gently*," he explained.

THE LOSER TAKES THE BIGGEST PRIZE in one of Guildford's oldest traditions today—Dicing for the Maid's Money. Two servant maids (!), who must be unmarried and have lived in their employer's house for at least two years, throw dice for the Maid's Money (£20.32) or the Parson's Gift (£20.92), derived from now defunct charities. The winner gets the Maid's Money!

CARVING HIS NAME IN WOOD is Buddy C. Palmer from Panpa, Texas. His complex sculpture, entitled "Buffalo Falls" took him a year to research and work. Made from a piece of the world's hardest wood, muskeet, the intricate piece of art shows a once-typical American scene—Indians on horseback hunting buffalo by stampeding them off a cliff top to their death below. Insured for £40,000, it has already won major awards at the American International Exhibition in Davenport, Ohio and the Canadian National Exhibition in Toronto. It makes its first appearance in London from today at the Practical Woodworking Exhibition being held at Wembley Conference Centre, where it will be on view.



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The Stretch Cover Masters

THURSDAY

While the British Phonographic Industry holds its first Awards Dinner tonight at the Dorchester Hotel, Australia's greatest Dame, Edna Everage, opens in *An Evening's Intercourse*

With Barry Humphries at Drury Lane. Dame Edna, Housewife, Mega-star, graciously let SUNDAY Magazine into the secrets of her own awards to the pop world before going on stage to bring a little glamour to the "Poms"

ALL THE STARS WANT AN EDNA

Dame Edna Everage pirouetted gracefully round the boardroom floor on her shiny high-heeled black trainers, showing off her fetching gold lamé walk shorts delicately offset by the latest Gallipoli combat jacket. Dame Edna, the former Mooney Ponds housewife turned mega-star was well prepared to present her 1982 awards to the British Phonographic Industry.

Her elegant opal-clustered fingers perused the nominees for the Best Group in Britain and her eyes danced over Adam and the Ants, through Madness and on to The Police. The room hushed as she calculated her decision.

"I must settle for The Police, possums, because I am an old groovy from way back. You know, I gave the Bee Gees, little Olivia N.J. and that old Rolf Harris their first singing lessons. I like the spunky sound of Sting. You know, I'd just love to be arrested by The Police. I'd adore one of those boys hitting me playfully across the palm of my hand with his big, scary old truncheon..."

When the nominations for the Best Male Artist of the year were announced—Elvis Costello, Cliff Richard and Shakin' Stevens—beautiful memories came flooding back to the mega-star.

"I've been wired up to little Cliffy Richard for donkey's years, darlings. We're the best survivors in show business. I know what it's like. They've been asking him those boring questions about marriage for as long as I can remember. And whenever he gets a little down or life gets on top of him, there's no prize for guessing who gets the midnight phone call to lift him up again... I'm wired for Cliff if he's wired for sound. Like me, he's a winner."

Britain's Best Female Artist was a toss up between Sheena Easton, Toyah and Randy Crawford, and Dame Edna was effusive: "I absolutely adore little Sheena, and if I were a member of the opposite sex darlings, she could leave her



Adam Ant, Sting of The Police, disco favourites Linx and chart-bustin' Toyah Wilcox—all have been nominated for an "Edna". But who will be awarded the record industry's newest and most-coveted prize?

feathered mules under my bed any time she liked. I was a bit of a Bond girl myself, you know. I was once seriously considered for the part of Money Penny, but I wouldn't take off my lingerie for the auditions. That was when they had an Aussie James Bond... James Lazerbeam. Whatever happened to him? Never mind. Sheena's the Sheila for me."

Who, but who, provided the Outstanding Contribution to British Music. The envelope is opened... the nominees are... John Lennon, The Police and Cliff Richard.

"I remember Brian Epstein well. He and John Lennon were softies from way back. Norm—that's my husband Norm—and I used to jitterbug to some of John's oldies. You know, the microgrooves, when Norm and I were just plain Mr and Mrs Everage from Mooney Ponds. That, of course, was before I reached caviar and megastardom. Norm and I would go to the football with our Australian meat pies and sauce, and they would play 'She Loves Me, Yes, Yes' and Norm would bite my lobe. John Lennon and I rose to the top together... And now I'm alone at the top of the tree. We adore you, John, wherever you are. Your music still spins on the turntable of life. You are my choice."

As the applause dies, Dame Edna takes a hitch at the walk shorts creeping up round the thighs that have become so famous on the English stage. She's misty of eye and she thinks of Norm. The audience is hushed.

"You know, my husband and I—if you'll forgive the expression—aren't that close any more. It's hard to be close when your husband is confined to the private wing of the Royal Prostate Clinic in Melbourne. It's probably just as well. Norm's plumbing hasn't been that good for a long time."

Back to business like the old pro she is—the Best British Newcomer of the year has a smart line-up including Depeche Mode, Human League, Linx, 

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Soft Sell and Toyah Wilcox.
"I've had my eye on Linx, that little tinted group. It's a sort of pommy Aborigine group if you like... with a raunchy, jazz, soul sound. I get quite carried away. Boop till I droop, bop till I drop group. The sort you want to boogy the night away with your hairdresser to... or someone else's. Oh, I've got the links for Linx."

Now for the Best Producer. Nominations are Stuart Coleman, Chris Neil and Martin Rushant.

"Frankly possums, I'm never quite sure what a producer does. I mean, they don't sing or play instruments do they? My producer, Barry Humphries, gets paid for getting the coffee and sandwiches. But he's so clever. He's got me trussed up like a chicken in his endless contracts. I know Stuart, Chris and Martin would like a piece of me. It's a tragedy really they can't get their hands on me. I'd like to choose one of them... perhaps next year.

"I know I didn't choose Adam and the Ants for an award, but I do have a vested interest, so to speak. You see, I think of little Adam as my adopted family. I've been a famous woman for a long time now and I say to you

Adam, don't let success go to your head. I love Adam, and who doesn't possums? As a matter of fact, we're thinking of a double act. Perhaps 'Adam and His Aunt'... what a chart-buster that would be. You know, possums, Adam gave me a cuddle the other night and some of his make-up rubbed off all over my chops. I went home looking like a zebra crossing.

"Should I rub it off, girls?"

"I don't think the British Phonographic Industry should be allowed to give awards unless some of the stars of yesteryear are mentioned. People like that other great Australian I groomed, Frank—I remember you, Frank—Ifield; chubby little Judy Durham; and the even chubbier June Bronhill, whose Mother Superior is second to nun in the *Sound of Music*.

"Oh, and a word for today's adjudicator Mr Geoffrey Bridge. What can I say about dear Geoff, except that Geoffrey Bridge is as good a name as any."

Dame Edna Everage then pushed off to the Theatre Royal, Drury Lane, where she will appear for the next 10 weeks. "Gladdies" compulsory.

Les Wilson

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*Example is for a male 30 last birthday at entry assuming the Multiple Growth Fund averages 8% per annum net growth for the twenty-five year term. Although fund values can go down as well as up, the Multiple Growth Fund has performed consistently well since the plan was launched in 1974, as shown in the graph. This example growth rate is therefore conservative in relation to the 12.8% net per annum actually achieved from launch to May 1981.

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		Total net cost £3,000		Total net cost £9,000		Total net cost £3,000		Total net cost £9,000			
Age last Birthday		Estimated Maturity Value	Guaranteed Life Cover	Estimated Maturity Value	Guaranteed Life Cover	Age last Birthday	Estimated Maturity Value	Guaranteed Life Cover	Estimated Maturity Value	Guaranteed Life Cover	
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19	19	8653	4994	26,273	15,162	33	37	8,437	4,774	25,617	14,494
20	20	8652	4990	26,271	15,151	34	38	8,392	4,738	25,482	14,385
21	21	8651	4988	26,268	15,146	35	39	8,342	4,696	25,330	14,259
18	22	8650	4986	26,263	15,140	36	40	8,285	4,649	25,157	14,115
19	23	8648	4983	26,258	15,129	37	41	8,221	4,600	24,962	13,966
20	24	8645	4979	26,250	15,118	38	42	8,150	4,544	24,747	13,796
21	25	8642	4976	26,240	15,108	39	43	8,072	4,483	24,510	13,613
22	26	8638	4970	26,227	15,091	40	44	7,987	4,419	24,251	13,418
23	27	8632	4963	26,212	15,070	41	45	7,895	4,353	23,972	13,213
24	28	8626	4954	26,192	15,043	42	46	7,796	4,275	23,672	12,980
25	29	8618	4945	26,166	15,016	43	47	7,691	4,196	23,353	12,740
26	30	8607	4933	26,134	14,979	44	48	7,580	4,114	23,014	12,491
27	31	8594	4919	26,095	14,936	45	49	7,464	4,026	22,662	12,223
28	32	8578	4904	26,046	14,889	46		7,341	3,934	22,291	11,946
29	33	8559	4883	25,988	14,826	47		7,216	3,839	21,909	11,655
30	34	8536	4860	25,917	14,758	48		7,086	3,739	21,516	11,353
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Similar plans are available for people aged 50-63. You should still apply.

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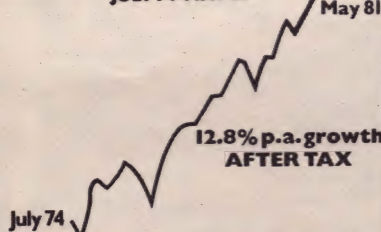
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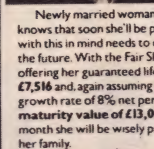
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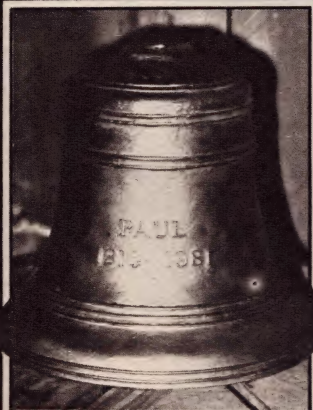


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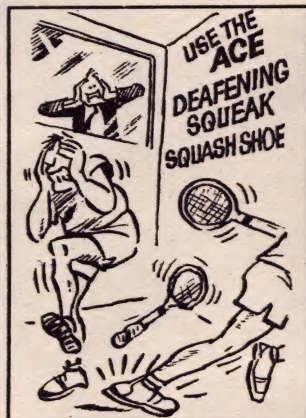
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KEEPING THEIR TUTUS in trim and finding size-11 ballet slippers are the sort of problems facing nine burly bus-drivers from Wales, otherwise known as the Killer Girls. It all started as a bit of improvised fun five years ago but since then they've raised thousands of pounds for charity. Though their suspenders may give up on them and their knicker elastic call it a day, they'll perform their wild impression of Swan Lake at the Great Escape holiday exhibition in Doncaster, today.



THE YORKSHIRE TEAM defend their title in the inter-county squash finals in Hampshire.



QUICKSTEPPING FROM STAGE to screen, lovely Jacqueline Tong appears as a dancer going downhill through booze in the BBC2 play *Out of Step* tonight. This was a part she originally created in the stage play *To Come Home To This*, in London's West End, last year.

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FRANCE

CARRY ON CAMPING

I've introduced so many items about camping on ITV's *Wish You Were Here*...? that I must seem like an expert on the subject. I have never actually camped, but I certainly enjoy the Great Outdoors.

And after visiting the L'Equinoxe campsite at Argelles, in the Languedoc region of France, I think I could be tempted one day. In fact we even borrowed a tent and equipment from the Tony Wild camping company and tried it out with the family for a few hours picnicking in a London park. It was fitted out like a luxury self-service apartment and thoroughly insulated against the elements. The children would happily have stayed there all day—even overnight. But I didn't think mid-winter England was the time for such an adventure.

France is by far the most popular country for camping holidays. It is very well

organised, particularly for the increasingly favoured packaged, all-in camping holidays where you don't need your own tent and equipment. France also has the advantage of the best and quickest routes to the Mediterranean, although when my husband, (Neil Durden-Smith) and I drive south we often stay off the autoroutes and potter along picturesque older roads. For an average car to get to the Med, motorway tolls cost about £18 each way, so you've got that in hand to pay for the extra nights' accommodation.

At peak times, look out for alternative routes, signposted by green arrows for long distances, and yellow arrows for less than 60 kilometres. Or you can pull into a Total petrol



station and buy a Ministry of Transport map *Routes du Bison Fute*, showing especially scenic routes. France is ideal for exploring if you have your own tent. But if you are going at peak holiday time, it is vital to book well in advance. So popular is camping now, that in the high season there are eight applications for every place by a Mediterranean beach.

All official sites are equipped with toilets, most have hot showers and a lot more have swimming pools, supermarkets, restaurants and snack bars. Tents are getting better too. The development of the family-size frame tent has probably been the most significant advance in pitched comfort.

There are nearly 100 British tour operators offering camping holidays in France. One of the foremost is Canvas Holidays of Hertford, which offers a choice of 70 sites. Their price for two adults and two children for 12 nights,



Clare Francis
copes with the elements

"As far as coming face to face with nature is concerned, sailing is rather like camping on water. Always take a good first-aid kit with loads of plasters, tons of paper tissues and a quantity of 'stop' and 'go' remedies. 'Stop' can be Kaolin and 'go' can be bran. Assume bad weather, particularly if you are camping among beach dunes, which can be perishing at night. I'd recommend a quilted jacket or waistcoat—they're quite cheap, light and easy to pack. I'd also suggest taking a hat to shade your eyes rather than sunglasses. A hat is unbreakable,



Judith Chalmers and family test out the home comforts of life under canvas



and less likely to get lost. Glasses can leave a white mark across your suntan, and they give some people—including me—headaches. A hat shades the face, but lets in gentle, reflected sunlight which is much kinder, doesn't let your skin peel or burn, and you come home from holiday a nice, even golden colour."



Judith's son, Mark, shares the Scouts' advice

"If you've only got lightweight camping gear, the two things you must avoid are wind and water. A strong gust can snap a tent pole, and constant wind buffeting on the canvas can

loosen guy runners and pegs. You could well find yourself entangled in canvas and ropes in the middle of a stormy night—a very nasty experience!

"So try to find a sheltered position, like near a wall or hedge, and make sure your pegs are long, banged in really hard, and that the guy rope runners are locked. But don't pitch your tent under trees if there's any chance of rain, or water will continue to drip on the roof long after the rain has stopped. An added danger is that a branch could blow down on you.

"If you want to keep your feet dry, don't pitch in marshy ground, in hollows, or at the bottom of slopes. And, if it's raining already, don't forget to tuck the tent flaps well in under the groundsheet and raise the edges an inch or two with wood or stones. So *be prepared*, and there's a chance you and your tent might still be where you'd intended after the storm."

including two nights' hotel and cross-Channel travel with a car, runs from about £256 in off-peak months, to £376 in high season. On this kind of packaged camping holiday you usually need to bring only bedding and cutlery—everything else is waiting for you on arrival.

I saw spacious, fully equipped six-bed tents at Argelles with fridges and cookers and even double beds with sprung mattresses. And camping sites' recreational facilities are often so good that people don't go anywhere else throughout their holiday. Among the other large camping companies are Carefree Camping of Hemel Hempstead; Eurocamp Travel of Knutsford, Cheshire; and a smaller, enterprising company aptly called Inn-Tent, of Wetherby, which is known to offer its clients a free bottle of wine on arrival at the campsite.

Sites are categorised by star ratings, from one to four. The more stars, the more facilities,

and of course the more expensive. If you are taking your own tent, sites cost from about 16 francs a night (under £2) for a one-star site, to 60 francs (just under £6) for a place on a four-star one.

There's a very useful booklet you might like to have, issued by the French Tourist Office, called the *Traveller in France*. It contains information on all aspects of holidaying in France, including camping. They will also send you brochures with campsite lists for any regions you are interested in. Send your request with a 50p postal order or stamps, to: The French Government Tourist Office, 178 Piccadilly, London W1V 0AL.

Still more assistance can be obtained by joining the Camping and Caravanning Club. Their contacts abroad enable them to offer a "Carefree" touring service which provides ferry bookings, vehicle recovery, medical cover, advice and information. A family membership is £10 a year and details are available from 11 Lower Grosvenor Place, London SW1 OEY.

Free or reduced-price medical treatment is available under a reciprocal arrangement between EEC countries. Ask at your nearest Department of Health and Social Security Office for form CM1 which you complete, and they will give you form E111 to take on holiday with you, together with a booklet which tells you what to do if someone needs medical treatment. Take extra money if you can, though, because you may have to pay for medical treatment at the time, and get a refund later.

I've picked up some other useful advice from talking to seasoned campers. First: leave your jeans at home. They are hard to dry after washing or rain. Second: take at least one torch and spare batteries. Three: if you have a choice, don't pitch your tent too close to the "amenities". Otherwise your holiday could feel like a fortnight on Victoria station. And finally: count on rain once or twice and take some easily packed games for all the family like cards and dice.

It all looked great fun in Languedoc. And as standards of facilities, and even luxury, rises, camping attracts thousands of newcomers every year. So who knows? Maybe I'll be tempted to camp under the Mediterranean stars myself one day. But I think I'll pitch my tent on my hotel balcony initially. ●

THE MOST ROYAL contender in the "who will Prince Charles marry?" stakes today walks up the aisle herself. The marriage of Princess Marie-Astrid of Luxembourg, to Christian von Habsburg, Archduke of Austria, starts six weeks of royal romance in the Grand Duchy. On Valentine's day Marie-Astrid's brother, Prince Henri, celebrates his first wedding anniversary. And then, on March 20, Princess Margaretha completes the fairytale by marrying Prince Nicolas of the little principality Liechtenstein.



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TOP TEAM WHEN IT COMES TO WINNING Rugby Union's international championships each winter, Wales busily encourages new talent each summer. Winners of 21 of the 80 completed championships since 1884 (England, Scotland, Ireland and France have won 17, 11, 8 and 7 championships respectively and there have been 16 ties), the Welsh Rugby Union trains some 200 teenagers on players' courses, 70 referees aspiring to greater things, and 120 coaches hoping for a WRU Coaching Award. The skills being shared can be seen at the Welsh team's (above) match v. France, today.

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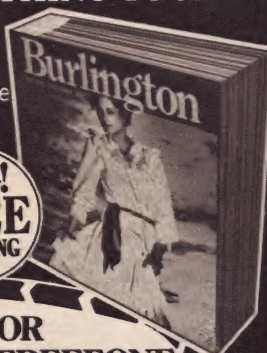
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CANCER: A night to go out and enjoy yourself.

GOOD PLANNING? Milton Keynes' 4th arts festival starting today has grown to 43 events—but the new town hasn't a theatre of its own.



YOU CAN HARDLY MISS Alexei Sayle these days. One of the team of *OTT*, ITV's late-night comedy series, his first single: 'Ullo John, Gotta New Motor?' is released today. And he's soon to appear in an ITV comedy series *Whoops Apocalypse*. With several serious broadcasts under his belt—he recently introduced a programme on the Cortina car—Alexei has widened his scope since his debut at the London Comedy Store and a straight-acting part is in the pipeline. "But," he says, "I still describe myself as a comedian."

THERE'S ONLY ONE recognised breed of Scottish cat and that's the wild cat. It looks exactly like a big domestic tabby—except it's more likely to flatten its ears and attack. Flat ears are the reason another Scottish-named breed, the Scottish Fold, *isn't* recognised in Britain. British vets fear for its ear health and hygiene and it's currently only accepted in the States. No Folds at today's Scottish Cat Championships in Glasgow, where long-haired "Blues" make up by far the biggest entry among the 495 cats which are going on show.



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SATURDAY Three momentous decades of great change have passed since the Queen's accession to the Throne on February 6, 1952—30 years ago today. Even greater change can be expected in the next 30 years. So what will the monarchy be like in AD2012, when we could be seeing space-age celebrations

of a Diamond Jubilee even more extraordinary than Queen Victoria's, 85 years ago? As the first broadcaster accredited to Buckingham Palace and best-informed writer on the Royal Family, *Godfrey Talbot, MVO, OBE* looks into the crystal ball and gives his personal view of the future for Queen and Heir now that they're...

HALFWAY TO SIXTY GLORIOUS ELIZABETHAN YEARS

"A fanfare from the Royal trumpeters is almost drowned by the cheers of London's crowds as the Queen and Prince Charles arrive at St Paul's Cathedral for the Diamond Jubilee service. But, stepping from the vintage horse-drawn coach, the Queen—as glowing an octogenarian as her marvellous mother was—must notice that the crowds are not as big as they were for her Silver Jubilee 35 years ago. These days, with voice-controlled close-ups and picture selection of televised events, many people prefer to simply stay at home and watch such great occasions on their video screens, so recording them for posterity."

It's not hard to imagine that this will be the sort of commentary we will be hearing at our, by then, 85-year-old Queen's Diamond Jubilee, in the year 2012.

That it is possible can already be seen today. Britain in 1982 has a Sovereign and a Next-in-Line who both wish to stay that way. We have a uniquely experienced, still-vigorous Queen, and we have a Prince of Wales who is certainly not saying: "Move along, Mum".

It's true that the marriage of the heir-to-the-throne has begun a fresh chapter in the story of the House of Windsor. But a new chapter doesn't mean a new Chief.

Our Queen is not a quitter. She remembers how she had the daunting experience of being precipitated into the role of Monarch at the tender age of 25; only four years after being married. She must surely wish her son to enjoy many more years of *his* married life before the full responsibility of Sovereignty comes to him.

The years ahead will give him and his Princess the opportunity to enjoy a family life of their own while, like two vice-presidents, working hard at public duties in support of Her Majesty; quite possibly helping her through another 30 years on the Throne. And so the scene is set for a Diamond Jubilee...

"As the Queen and Prince Charles climb the steps of St Paul's, the Princess of Wales follows close behind them (she and Charles celebrate their 31st wedding anniversary this year). Both Queen and Prince wish to retain historic customs. So their carriage footmen wear State Livery, as in the old days, and the cavalymen of the mounted escort ride in their traditional full dress uniform complete with drawn swords. Both monarch and heir are specially wearing the robe of the ancient Order of the Garter, normally seen only once a year when the

Knights of the Garter are in procession together at Windsor Castle.

"But the Royal picture is 'dated' only in outward appearance. Just as the ancient carriage is equipped with flat-screen two-way television and the most advanced 'intelligent' microchip security systems, the Royal Mews, in which it's normally housed contains a fleet of electric cars and the Royal Family's personal jump jets.

"How could this First Family be thought old-fashioned when the Prince of Wales, at 63, is himself a brisk Space Communications Commander as well as roving National Ambassador; a Commonwealth traveller who also acts as Palace Liaison Officer with an observer's seat in the United Kingdom Government's cabinet?

"Times have changed indeed. Parts of Buckingham Palace are open to the public. Other parts, near the royal private apartments, house the offices of the Duchies of Cornwall and Lancaster now administering benefits to people in need.

"As the Queen walks through the vast cathedral, at the front of the congregation are four generations of Royals. Her Majesty's first grandchild, Peter Phillips, is 34 and has young of his own. The Gloucesters and the Kents have multiplied, too, just as the Queen's own immediate descendants have. She is specially close, of course, to the children of the Prince and Princess of Wales. And her second son's offspring are an attractive string, too, some of them as tall as their strapping father, the Duke of York—still popularly called Prince Andrew—who's 52 this year.

"The youngest of her sons, the Duke once known as Prince Edward, is just weeks from his 48th birthday. He is thought of as a scholarly gentleman farmer, but in fact spends most of his time behind a desk at Sandringham, supervising the royal estates.

"Now she's 61, Princess Anne, or rather the Princess Royal, has drifted away from official duties and the public eye. With her husband Mark Phillips, she is devoted to the rural life they have built up around their home in the Cotswolds.

"But all the First Family will be together this evening at Buckingham Palace. After dinner they'll be watching by satellite television some of the thousands of festive bonfires simultaneously lit by laser beams all round the world. They will personally take part in TV link-ups, too, exchanging greetings with leaders of other nations. Many capital cities have planned salutes

and thanksgivings for Elizabeth II's longevity and influence—and for the statesmanlike stature of Charles, the King-to-be.

Tomorrow, the Prince of Wales will be taking one of his 20-minute jet hops to Brussels for a celebration meeting of the European Council over which he has been asked to preside. The European continent still has a nostalgia about monarchy and seems to envy Britain in having stability through a Royal Family.

"The world has ever-fewer Kings and Queens now. Thrones have toppled and it is extraordinary that our own Crown, through great social and political upheavals, has endured so well.

"Prince Charles' popularity and zest have a lot to do with this. Leaders of many far-flung nations—many from what was called the Third World—have gathered at the St Paul's thanksgiving service out of sheer respect for Prince Charles. His Royal Highness certainly has stature to compare with his parents.

"He has taken on much work which his father, Prince Philip, made peculiarly his own. This includes heading the Duke of Edinburgh Award, the remarkable Youth Endeavour Scheme which Philip founded in 1956. Now, half a century later, the scheme—under various names and inspired by voluntary effort—has been 'exported' from Britain and is operated independently in 60 countries. And the award has flowered into an international political backbone supporting and uniting the countries of the old Commonwealth.

"So the Queen has every reason to enjoy her Diamond Jubilee. A latter-day Victoria, she is as wise and revered as her great-great-grandmother was. But how different! Queen Victoria was an old Empress-autocrat; loved, but as a remote goddess. Whereas this monarch, the long-lived second Elizabeth, is personally known and liked by her people as a human being who regularly moves among them.

"She has become a focus of ideals and endeavour, someone to whom we've looked up to and held fast, through violent years. She is not a ruler, but rather our Number-One Public Servant, the Nation's Representative. And she is, formidably professional at her job...

"So, 30 years on from 1982, we see a unique and adaptable Monarchy, a firm British institution surviving because *it works*. A central unifying thread in the very fabric of this the 21st century."



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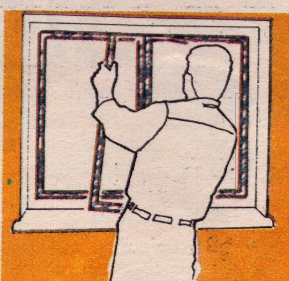
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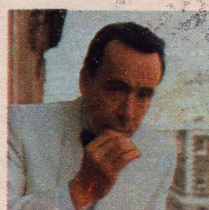


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